

Study Timetable Template

Week Beginning _____

H/W = Homework

ST = Study

PE = Physical Activity

F = Food Breaks

B = Breaks

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 pm			1.30 pm			1.30 pm	1.30 pm
4:30 pm			2.00 pm			2.00 pm	2.00 pm
5:00 pm			2.30 pm			2.30 pm	2.30 pm
5:30 pm			3.00 pm			3.00 pm	3.00 pm
6:00 pm			3.30 pm			3.30 pm	3.30 pm
6:30 pm			4.00 pm			4.00 pm	4.00 pm
7:00 pm			4.30 pm			4.30 pm	4.30 pm
7:30 pm			5.00 pm			5.00 pm	5.00 pm
8:00 pm			5.30 pm			5.30 pm	5.30 pm

1. Write down your after-school activities and meal times first
2. Write down homework time
3. Then write down subjects to study, starting with harder subjects first